



Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for May 2019

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Hamburger on a bun Potato salad Baked beans Cake 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	2 Soup Sandwich Juice Fruit 5:30 PM Supper Entrée: Teriyaki chicken Entertainment: Tim & Becky Hager	3 Fish Scalloped potatoes Beets Peaches 9:30 AM – Bone Builders' Exercise 1 PM – Bingo	4 Hot dog on a bun Onion rings 3 bean salad Cookie
5 Pork loin Mashed potatoes & gravy Peas & carrots Bar	6 Lasagna Lettuce salad Breadstick Pears 1:15 PM – Whist Tournament	7 Tator tot hotdish Green beans Roll Pudding 1:15 PM – Pinochle	8 Chicken cordon bleu Baked potato Mixed vegetables Brownie 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	9 Biscuit & sausage gravy Diced potatoes Pineapple 10:30 AM – Mother's Day Brunch 1:15 PM – Pinochle Day	10 Swiss steak Mashed potatoes Peas Cookie 9:30 AM – Bone Builders' Exercise 1 PM – Bingo	11 Riblette on a bun Baby bakers Corn Apricots
12 Mothers' Day Chicken Kiev Parsley potatoes Carrots Cake 	13 Meatballs Mashed potatoes & gravy Capri vegetables Peaches 9:30 AM – Advisory Board 1:15 PM - Whist	14 Spaghetti Lettuce salad Garlic toast Mandarin oranges 12 Noon - NARFE 1:15 PM – Pinochle	15 Turkey Stuffing Green bean casserole Poke cake 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	16 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Country fried steak Entertainment: To Be Announced	17 Oven chicken Mashed potatoes & gravy Peas & carrots Pudding 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	18 Calico beans Cornbread Coleslaw Tropical fruit
19 BBQ meatballs Baby bakers Mixed vegetables Fruit crisp	20 Salisbury steak Mashed potatoes & gravy Corn Applesauce 1:15 PM - Whist	21 Meatloaf Baked potato Spinach Dump cake 1:15 PM – Pinochle	22 Chicken alfredo over noodles Peas Roll Cookie 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	23 Egg bake Hashbrowns Sausage patty Muffins 10:30 AM - Brunch 1:15 PM – Pinochle	24 Cabbage roll Au gratin potatoes Carrots Fruit cocktail 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	25 Chicken salad on croissant Oven potatoes Corn Jello
26 Ham Yams Capri vegetables Cheesecake	27 Center CLOSED 	28 Lemon pepper chicken Scalloped potatoes Key West vegetables Apple rings 1:15 PM – Pinochle Tournament	29 Pork chops Mashed potatoes & gravy Peas & carrots Pears 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	30 Hamburger hotdish Lettuce salad Breadstick Bar 1:15 PM – Pinochle 3 PM – Pie Day	31 BBQ chicken Oven potatoes Green beans Pudding 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for June 2019

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Chicken strips Macaroni salad Baked beans Mandarin oranges
2 Roast beef Mashed potatoes & gravy Corn Cake Frances Yokom 90 th birthday 2:30 – 5 PM	3 Country fried steak Mashed potatoes & country gravy Peas Peaches 9:30 AM – Advisory Board 1:15 PM – Whist Tournament	4 Beef stew Lettuce salad Breadstick Bar 1:15 PM – Pinochle	5 Rope sausage Sauerkraut Mashed potatoes Pudding 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	6 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Pork roast Entertainment: To Be Announced	7 Meatballs Mashed potatoes & gravy Capri vegetables Apricots 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	8 Chili Coleslaw Cornbread Cookie
9 Chicken cordon bleu Scalloped potatoes Green beans Bar	10 BBQ riblette on a bun Baby bakers Prince Edward vegetables Pudding 1:15 PM - Whist	11 Creamy chicken over biscuit Corn Tropical fruit 1:15 PM – Pinochle	12 Beef stroganoff over noodles Mixed vegetables Fruit crisp 9:30 AM – Bone Builders' Exercise 1:15 PM – Whist	13 Frittatas Diced potatoes Sausage links Fruit salad 10:30 AM – Father's Day Brunch 1:15 PM – Pinochle	14 Swiss steak Mashed potatoes Peas Pudding 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	15 Tator tot hotdish Green beans Roll Jello with fruit
16 Father's Day Pork chops Mashed potatoes & gravy Peas & carrots Oreo dessert 	17 Cabbage roll Augratin potatoes Carrots Fruit cocktail 1:15 PM - Whist	18 Chicken alfredo over noodles Key West vegetables Apple rings 1:15 PM – Pinochle	19 Meatloaf Baked potato Spinach Cookie 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	20 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Roast beef Entertainment: Myron Trangsrud, Mel Olstad & Jim Berntson	21 Teriyaki chicken Fried rice Corn Pineapple 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	22 Hot dog on a bun Onion rings Pickled beets Pears
23 Sweet & sour chicken Rice Peas Cheesecake	24 Cranberry chicken Scalloped potatoes Capri vegetables Pudding 1:15 PM - Whist	25 Roast beef Mashed potatoes & gravy Green beans Bar 1:15 PM – Pinochle Tournament	26 Turkey Yams Stuffing Apricots 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	27 Egg bake Diced potatoes Ham Caramel roll 10:30 AM - Brunch 1:15 PM – Pinochle	28 Salisbury steak Mashed potatoes & gravy Peas & carrots Cake 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	29 Ham salad on croissant Pasta salad Baked beans Cookie
30 Oven chicken Mashed potatoes & gravy Corn Brownie						