



Serving Times:

Monday – Friday - 11:30 AM Brunch – 10:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for March 2020

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Ham Yams Peas & carrots Pie</p>	<p>2 Country fried steak Mashed potatoes & country gravy Mixed vegetables Pears</p> <p>1:15 PM – Whist Tournament</p>	<p>3 Swiss steak Parsley potatoes Wax beans Pudding</p> <p>1:15 PM – Pinochle</p>	<p>4 Lasagna Lettuce salad Breadstick Dump cake</p> <p>9:30 AM – Bone Builders' Exercise 1:15 PM - Whist</p>	<p>5 Soup Sandwich Fruit Juice</p> <p>5:30 PM – Supper Night Entrée: BBQ ribs Entertainment: Kim Schock, music</p>	<p>6 Fish Baby bakers Corn Pineapple</p> <p>9:30 AM – Bone Builders' Exercise 1:00 PM – Bingo</p>	<p>7 Riblette on a bun Yukon potatoes Green beans Cookie</p>
<p>8 Meatballs Mashed potatoes & gravy Carrots Cheesecake</p> 	<p>9 Chicken cordon bleu Augratin potatoes Peas Peaches</p> <p>9:30 AM – Advisory Board 1:15 PM – Whist</p>	<p>10 Rope sausage Sauerkraut Mashed potatoes Peas & carrots Bar</p> <p>12 Noon - NARFE 1:15 PM – Pinochle</p>	<p>11 Meatloaf Baked potato Green beans Apricots</p> <p>9:30 AM – Bone Builders' Exercise 1:15 PM - Whist</p>	<p>12 Biscuits & gravy Sausage Breakfast potatoes Fruit cocktail</p> <p>10:30 AM - Brunch 1:15 PM – Pinochle</p>	<p>13 Fish Paprika potatoes Beets Pudding</p> <p>9:30 AM – Bone Builders' Exercise 1:00 PM – Bingo</p>	<p>14 Chili beans Cornbread Coleslaw Apple rings</p>
<p>15 Grilled chicken Scalloped potatoes Key West vegetables Cake</p>	<p>16 Salisbury steak Mashed potatoes & gravy Corn Mandarin oranges</p> <p>1:15 PM - Whist</p>	<p>17 Happy St. Patrick's Day Corned beef Cabbage Carrots Brownie</p>  <p>Wear Green Day 1:15 PM – Pinochle</p>	<p>18 Cabbage rolls Augratin potatoes Carrots Jello</p> <p>9:30 AM – Bone Builders' Exercise 1:15 PM - Whist</p>	<p>19 Soup Sandwich Fruit Juice</p> <p>5:30 PM – Supper Night Entrée: Roast beef Entertainment: Doreen Larson, piano</p>	<p>20 Fish Yukon potatoes Mixed vegetables Applesauce</p> <p>9:30 AM – Bone Builders' Exercise 1:00 PM - Bingo</p>	<p>21 Hot dog on a bun Baked beans Pickled beets Cookie</p>
<p>22 Pork loin Mashed potatoes & gravy Corn Fruit crisp</p>	<p>23 BBQ meatballs Parsley potatoes Prince Edward vegetables Pudding</p> <p>1:15 PM - Whist</p>	<p>24 Oven chicken Baked potato Peas & carrots Dump cake</p> <p>1:15 PM – Pinochle</p>	<p>25 Beef stew Breadstick Coleslaw Cookie</p> <p>9:30 AM – Bone Builders' Exercise 1:15 PM - Whist</p>	<p>26 Scrambled eggs Ham Hashbrown patty Cinnamon roll</p> <p>10:30 AM - Brunch 1:15 PM – Pinochle</p>	<p>27 Fish Augratin potatoes Carrots Fruit cocktail</p> <p>9:30 AM – Bone Builders' Exercise 1:00 PM – Bingo</p>	<p>28 Chicken strips Baby bakers Creamed corn Peaches</p> <p>2-4 PM - Bette & Ron Munkeby 70th Anniversary Open House</p>
<p>29 Salisbury steak Mashed potatoes & gravy Creamed peas Brownie</p>	<p>30 Honey mustard chicken Scalloped potatoes Baby carrots Pears</p> <p>1:15 PM - Whist</p>	<p>31 Tator tot chicken Dinner roll Green beans Pudding</p> <p>1:15 PM – Pinochle Tournament</p>				


Serving Times:

Monday – Friday - 11:30 AM Brunch – 10:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for April 2020

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Spaghetti & meat sauce Lettuce salad Garlic toast Cake 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	2 Soup Sandwich Fruit Juice 5:30 PM - Supper Entrée: Country fried steak Entertainment: Mel Olstad & Myron Trangsrud	3 Fish Oven potatoes Wax beans Tropical fruit 9:30 AM – Bone Builders' Exercise 1:00 PM - Bingo	4 Macaroni & cheese Sausage Corn Cookie
5 Pork roast Mashed potatoes & gravy Peas & carrots Oreo dessert	6 Lemon pepper chicken Scalloped potatoes Mixed vegetables Pears 9:30 AM – Advisory Board 1:15 PM – Whist Tournament	7 Rope sausage Mashed potatoes Sauerkraut Key West vegetables Brownie 1:15 PM – Pinochle	8 Riblette on a bun Paprika potatoes Green beans Pudding 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	9 Fritattas Sausage Breakfast potatoes Peaches 10:30 AM - Brunch 1:15 PM – Pinochle	10 Fish Baby bakers Creamed peas Dump cake 9:30 AM – Bone Builders' Exercise 1:00 PM - Bingo	11 Chicken pot pie with Potatoes Carrot raisin salad Mandarin oranges
12 Center CLOSED 	13 Cabbage rolls Augratin potatoes Carrots Pineapple 1:15 PM - Whist	14 BBQ Pork chop Baked potato Mixed vegetables Cookie 12:00 Noon - NARFE 1:15 PM – Pinochle	15 Oven chicken Oven potatoes Peas & carrots Fruit crisp 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	16 Soup Sandwich Fruit Juice 5:30 PM - Supper Entrée: Salisbury Steak Entertainment: 3D's: Doran Chandler, Dean Scoular, & Dave Oakland	17 Country fried steak Mashed potatoes & country gravy Carrots Pudding 9:30 AM – Bone Builders' Exercise 1:00 PM - Bingo	18 Calico beans Cornbread Coleslaw Apple rings
19 Ham Scalloped potatoes Prince Edward vegetables Cake	20 Cranberry chicken Baby bakers Corn Peaches 1:15 PM - Whist	21 Salisbury steak Mashed potatoes & gravy Peas Fruit cocktail 1:15 PM – Pinochle	22 Lasagna Garlic toast Lettuce salad Brownie 9:30 AM – Bone Builders' Exercise 1:15 PM – Whist	23 French toast Sausage Diced potatoes Pears 10:30 AM - Brunch 1:15 PM – Pinochle	24 Turkey Yams Green beans Jello with fruit 9:30 AM – Bone Builders' Exercise 1:00 PM - Bingo	25 BBQ pulled pork on a bun Baked beans Corn Cookie
26 Roast beef Mashed potatoes & gravy Mixed vegetables Bar	27 Teriyaki meatballs Rice Wax beans Apricots 1:15 PM - Whist	28 Meatloaf Baked potato Creamed corn Poke cake 1:15 PM – Pinochle Tournament 5 – 7 PM - Volunteer Recognition Dinner @ Senior Center	29 Swiss steak Mashed potatoes Beets Pudding 9:30 AM – Bone Builders' Exercise 1:15 PM – Whist	30 Hamburger hotdish Dinner roll Peas & carrots Apple rings 2-3 PM – Pie Day		