

Carrington's Menu for September 2019 (652-3257)

All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<p>2 Center CLOSED</p> <p style="text-align: center;">LABOR DAY</p>	<p>3</p> <p>BBQ chicken breast Potato salad Coleslaw Pudding</p> <p>Whist</p>	<p>4 Make up Meal - Noon</p> <p>Porcupine meatballs Paprika potatoes Broccoli Raisin bar</p> <p>Cribbage</p>	<p>5</p> <p>Pork chops Mashed potatoes Prince Edward vegetables Jello with fruit</p> <p>Mexican Train Dominoes</p>	<p>6</p> <p>Tuna noodle hotdish Peas Peaches</p> <p>Bingo</p>	7
8	<p>9</p> <p>Swedish meatballs Whipped potatoes Peas & carrots Cake</p> <p>Pool Board Meeting – 12:30 PM Business Meeting – 1 PM</p>	<p>10</p> <p>Spaghetti with meatballs Lettuce salad Garlic toast Apricots</p> <p>Hymn Sing Golf</p>	11	<p>12</p> <p>Fish Baby potatoes Corn Plums</p> <p>Pinochle Yvonne & the Other Guy - music</p>	<p>13</p> <p>Steak in gravy Mashed potatoes California blend vegetables Bread pudding</p> <p>Bingo Pat Crew - music</p>	14
15	<p>16</p> <p>Oven fried chicken Mashed potatoes Mixed vegetables Ice cream</p> <p>Whist Legal Aid of ND presentation following noon meal</p>	<p>17</p> <p>Turkey & dressing Mashed potatoes Squash Pears</p> <p>Cribbage</p>	18	<p>19</p> <p>Cabbage roll Mashed potatoes Green beans Bar</p> <p>Mexican Train Dominoes</p>	<p>20</p> <p>Salmon loaf Baked potato Lettuce salad Mixed fruit</p> <p>Bingo</p>	21
22	<p>23</p> <p>Swiss steak Mashed potatoes Prince Edward vegetables Dump cake</p> <p>Pool</p>	<p>24 Evening Meal – 5:30 PM</p> <p>Meatloaf Baby baker potatoes Beets Jello with fruit</p> <p>Golf</p>	25	<p>26</p> <p>Beef stew Coleslaw Peaches Juice</p> <p>Pinochle Pat Crew - music</p>	<p>27</p> <p>Chicken strips Potato salad Carrots Moon cake</p> <p>Bingo</p>	28
29	<p>30</p> <p>Creamed chicken breast Scalloped potatoes Peas & carrots Applesauce</p> <p>Activity Meeting – 9 AM Whist</p>					

Carrington's Menu for October 2019 (652-3257)

All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Beef roast Mashed potatoes Green beans German chocolate cake Mexican Train Dominoes	2	3 Cheeseburger on a bun Oven fries Peas Pudding Cribbage	4 Taco Lettuce and the fixings Juice Brownie Bingo	5
6	7 Pork chop Mashed potatoes Harvard beets Cake Pool	8 Turkey pot pie California blend vegetables Jello Golf Hymn sing	9	10 BBQ beef on a bun Baked beans Coleslaw Juice Bar Pinochle	11 Meatloaf Baked potato Peas Mandarin oranges Bingo	12
13	14 Lasagna Lettuce salad Garlic toast Pear sauce Cake Board Meeting – 10:30 AM Whist	15 Meatballs Mashed potatoes Green beans	16 Diabetes Awareness – 11 AM Potluck	17 Ham Sweet potato Broccoli Applesauce Mexican Train Dominoes	18 Tomato soup Grilled cheese sandwich Coleslaw Bar Bingo	19
20	21 Polish sausage Potatoes Sauerkraut Peas & carrots Bar Pool	22 Oven fried chicken Potatoes Scalloped corn Mandarin oranges in pudding	23	24 Hamburger hotdish Carrots Juice Peaches Pinochle Ron Kolden – music	25 Pork roast Mashed potatoes Green beans Pineapple upside down cake Bingo	26
27	28 Hamburger on a bun Macaroni salad Coleslaw Chocolate pudding Cribbage	29 Evening Meal – 5:30 PM Knoephla soup Egg salad sandwich Mixed fruit Juice Mexican Train Dominoes	30	31 Steak in gravy Mashed potatoes Wax beans Cake  Whist		